



Tier	Model Nr	Picture	Product Name	Dimensions (mm)	N\$ Price (Incl VAT)
Premium	FH01		Prone Leg Curl Dimensions: 1516*1097*1500 Net Weight: 230KG Weight Stack: 100KG	1516*1097*1500	\$ 29,100.00
Premium	FH02		Leg Extension Dimensions: 1372*1252*1500 Net Weight: 238KG Weight Stack: 100KG	1372*1252*1500	\$ 30,900.00
Premium	FH03		Leg Press Dimensions: 1969*1125*1500 Net Weight: 245KG Weight Stack: 115KG	1969*1125*1500	\$ 34,700.00
Premium	FH05		Lateral Raise Dimensions: 1287*1245*1500 Net Weight: 202KG Weight Stack: 70KG	1287*1245*1500	\$ 30,500.00
Premium	FH06		Shoulder Press Dimensions: 1505*1345*1500 Net Weight: 223KG Weight Stack: 100KG	1505*1345*1500	\$ 30,300.00
Premium	FH07		Rear Delt/Pec Fly Dimensions: 1349*1018*2095 Net Weight: 212KG Weight Stack: 100KG	1349*1018*2095	\$ 40,600.00
Premium	FH08		Vertical Press Dimensions: 1426*1412*1500 Net Weight: 223KG Weight Stack: 100KG	1426*1412*1500	\$ 33,700.00
Premium	FH09		Dip/Chin Assist Dimensions: 1812*1129*2214 Net Weight: 279KG Weight Stack: 100KG	1812*1129*2214	\$ 39,900.00
Premium	FH10		Split Push Chest Trainer Dimensions: 1544*1297*1859 Net Weight: 241KG Weight Stack: 100KG	1544*1297*1859	\$ 36,700.00












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Premium	FH16		Cable Crossover Dimensions: 4262*712*2360 Net Weight: 325KG Weight Stack:	4262*712*2360	\$ 43,700.00
Premium	FH17		FTS Glide Dimensions: 1890*1040*2300 Net Weight: 396KG Weight Stack: 70kg*2	1890*1040*2300	\$ 36,600.00
Premium	FH18		Rotary Torso Dimensions: 1286*1266*1500 Net Weight: 212KG Weight Stack: 70KG	1286*1266*1500	\$ 37,300.00
Premium	FH19		Abdominal Machine Dimensions: 1336*1294*1500 Net Weight: 225KG Weight Stack: 70KG	1336*1294*1500	\$ 33,900.00
Premium	FH20		Split Shoulder Lifting Trainer Dimensions: 1500*1408*1547 Net Weight: 230KG Weight Stack: 100KG	1500*1408*1547	\$ 31,600.00
Premium	FH23		Seated Leg Curl Dimensions: 1658*1252*1500 Net Weight: 191KG Weight Stack: 70KG	1658*1252*1500	\$ 29,900.00
Premium	FH24		Glute Isolator Dimensions: 1337*1013*1500 Net Weight: 183KG Weight Stack: 70KG	1337*1013*1500	\$ 31,000.00
Premium	FH25		Abductor/Adductor Trainer Dimensions: 1679*746*1500 Net Weight: 214KG Weight Stack: 70KG	1679*746*1500	\$ 37,400.00
Premium	FH26		Seated Dip Dimensions: 1207*1191*1500 Net Weight: 197KG Weight Stack: 85KG	1207*1191*1500	\$ 31,900.00












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Premium	FH28		Triceps Extension Dimensions: 1257*1192*1500 Net Weight: 195KG Weight Stack: 70KG	1257*1192*1500	\$ 29,000.00
Premium	FH29		Split High Pull Trainer Dimensions: 1540*1200*2055 Net Weight: 256KG Weight Stack: 100KG	1540*1200*2055	\$ 31,700.00
Premium	FH30		45 Degree Camber Curl Dimensions: 1464*1252*1500 Net Weight: 181KG Weight Stack: 70KG	1464*1252*1500	\$ 30,300.00
Premium	FH31		Back Extension Dimensions: 1257*1084*1500 Net Weight: 211KG Weight Stack: 100KG	1257*1084*1500	\$ 30,600.00
Premium	FH33		Seated Low Row Dimensions: 2036*1167*1500 Net Weight: 208KG Weight Stack: 80KG	2036*1167*1500	\$ 29,200.00
Premium	FH34		Seated Row Dimensions: 1286*1267*1500 Net Weight: 207KG Weight Stack: 100KG	1286*1267*1500	\$ 29,900.00
Premium	FH35		Pulldown Dimensions: 1644*1472*1850 Net Weight: 232KG Weight Stack: 100KG	1644*1472*1850	\$ 35,800.00
Premium	FH93		Seated Calf Dimensions: 1333*1084*1500 Net Weight: 179KG Weight Stack: 70KG	1333*1084*1500	\$ 30,700.00
Standard	F36		Flat Bench Dimensions: 1410*560*420	1410*560*420	\$ 4,700.00



Tier	Model Nr	Picture	Product Name	Dimensions (mm)	N\$ Price (Incl VAT)
Standard	F37		Adjustable Decline Bench Dimensions: 1710*680*800	1710*680*800	\$ 9,200.00
Standard	F38		Multi-Purpose Bench Dimensions: 1180*680*800	1180*680*800	\$ 4,000.00
Standard	F39		Super Bench Dimensions: 1380*680*690	1380*680*690	\$ 7,400.00
Standard	F40		Adjustable Super Bench Dimensions: 1329*736*511	1329*736*511	\$ 7,700.00
Standard	F41		Olympic Decline Bench Dimensions: 2090*1560*1230	2090*1560*1230	\$ 12,900.00
Standard	F42		Olympic Bench Incline Dimensions: 2030*1650*1400	2030*1650*1400	\$ 16,200.00
Standard	F43		Olympic Bench Dimensions: 1780*1650*1220	1780*1650*1220	\$ 10,500.00
Standard	F44		Seated Preacher Curl Dimensions: 1130*780*910	1130*780*910	\$ 8,300.00
Standard	F45		Back Extension Dimensions: 1090*800*770	1090*800*770	\$ 10,300.00











Tier	Model Nr	Picture	Product Name	Dimensions (mm)	N\$ Price (Incl VAT)
Standard	F46		Hip Thruster Dimensions: 1640*1260*780	1640*1260*780	\$ 18,800.00
Standard	F47		Vertical Knee Up / Dip Dimensions: 1090*800*770	1090*800*770	\$ 14,500.00
Standard	F48		Power Cage Dimensions: 1490*1290*2295	1490*1290*2295	\$ 27,200.00
Standard	F49		Dumbbell Rack Dimensions: 2460*660*730	2460*660*730	\$ 10,700.00
Standard	F50		Squat Rack Dimensions: 1720*1690*1800	1720*1690*1800	\$ 18,300.00
Standard	F51		Olympic Seated Bench Dimensions: 1535*1690*1770	1535*1690*1770	\$ 21,000.00
Standard	F53		Handle Rack Dimensions: 1100*740*1070	1100*740*1070	\$ 10,600.00
Standard	F54		Vertical Plate Tree Dimensions: 630*550*1270	630*550*1270	\$ 4,100.00
Standard	F55		Barbell Rack Dimensions: 1060*770*1460	1060*770*1460	\$ 13,300.00







Tier	Model Nr	Picture	Product Name	Dimensions (mm)	N\$ Price (Incl VAT)
Standard	F56		Leg Press Dimensions: 2190*1650*1275	2190*1650*1275	\$ 38,100.00
Standard	F57		Hack Slide Dimensions: 2260*1650*1290	2260*1650*1290	\$ 38,000.00
Standard	F58		Leg Press & Hack Slide Dimensions: 2450*1686*1306	2450*1686*1306	\$ 43,200.00
Standard	F61		Incline Level Row Dimensions: 1775*1015*1190	1775*1015*1190	\$ 14,800.00
Standard	F62		Seated Calf Dimensions: 1480*640*1015	1480*640*1015	\$ 11,700.00
Standard	F63		Smith Machine Dimensions: 2210*1150*2190	2210*1150*2190	\$ 39,200.00
Standard	F65		Super Squat Dimensions: 1990*1650*1450	1990*1650*1450	\$ 30,200.00
Standard	F70		Abdominal Trainer Dimensions: 1530*930*1040	1530*930*1040	12,200
Standard	F71		Stretch Trainer Dimensions: 1290*530*1090	1290*530*1090	10,500



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Standard	F72		Beauty Dumbbell Rack Dimensions: 1420*700*1010	1420*700*1010	12,000
Standard	F73		3 Layers Hexagonal Dumbbell Rack Dimensions: 1320*575*870	1320*575*870	3,100
Standard	F80		Knee Up Chin + Pull Up Dimensions: 1470*1350*2215	1470*1350*2215	21,300
Standard	F84		Squat Lunge Dimensions: 1350*1350*1000	1350*1350*1000	22,800
Standard	F92		Sled Dimensions: 867*650*1105	867*650*1105	8,400
Standard	F94		Glute Ham Raise Bench Dimensions: 1640*810*1060	1640*810*1060	17,500
Standard	F96		Dual Function Preacher Curl Dimensions: 1245*734*1120	1245*734*1120	10,400
Standard	F98		Adjustable Bench Dimensions: 1494*1115*710	1494*1115*710	11,500
Standard	F99		Adjustable Incline Flat Bench Dimensions: 1290*566*475	1290*566*475	4,400



Tier	Model Nr	Picture	Product Name	Dimensions (mm)	N\$ Price (Incl VAT)
Standard	F101		Reverse Hyper Extension Dimensions: 2300*1100*780	2300*1100*780	9,400
Standard	F64		8 Multi Station Dimensions: 5130*4610*2365	5130*4610*2365	109,800
Standard	F81		5 Multi Station Dimensions: 5170*4620*2310	5170*4620*2310	94,900
Standard	F82	 <p>F82 4 Multi Station Size:4605*1415*2345mm Machine Weight:600kg Weight Stack:56kg*1 68kg*1 100kg*2</p>	4 Multi Station Dimensions: 4605*1415*2345	4605*1415*2345	70,300

Please Note:

- Pricing is indicative and subject to exchange rate and transport fluctuations.
- Final pricing will be confirmed upon formal quotation.
- Estimated lead time: approximately 12 weeks from order confirmation.
- Installation, assembly, and delivery quoted separately unless otherwise specified.
- Price EXW Swakopmund